

# ASPIRE TO SUCCEED

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## CHC43415

### Certificate IV in Leisure and Health



# Qualification Summary

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## Leisure and Health

As a Leisure and health professional you will work with older people and people with a disability, delivering recreational activities that enhance their quality of life. These can include art, crafts, music, dance, games, sensory activities and other hobbies.

People who work in leisure and health play an important role in empowering people to manage their health, enhance their wellbeing and lead a meaningful and fulfilling life.

Our course is designed to provide learners with a range knowledge and skills application, ensuring you are ready and able to complete the tasks at the required level in the workplace.

## Who should Enrol?

This course is suitable for those interested in working in a role within the aged care or disability industries. This course is ideal for anyone who does not yet have a formal tertiary qualification.

Although this is a mainstream course designed for leisure and health workers, others are very welcome to apply.

## Career Opportunities

People who hold their Leisure and Health qualifications assist with the design, implementation and evaluation of health, activity, and leisure improvement programs for individuals and groups.

This course will equip you for roles such as:

- ✓ Community Recreation Activity Assistant
- ✓ Day Support Disability Officer
- ✓ Weekend Recreational Activities Officer
- ✓ Recreational Activities Officer
- ✓ Diversional Therapy Assistant
- ✓ Community Leisure Officer

## Qualification

This course is a Nationally Recognised Qualification.

## AQF Level

This is an AQF Level 4 course. AQF Criteria for this course is below.

**Summary** - Graduates at this level will have theoretical and practical knowledge and skills for specialised and/or skilled work and/or further learning.

**Knowledge** - Graduates at this level will have broad factual, technical and some theoretical knowledge of a specific area or a broad field of work and learning.

**Skills** - Graduates at this level will have a broad range of cognitive, technical and communication skills to select and apply a range of methods, tools, materials and information to:

- ✓ complete routine and non-routine activities
- ✓ provide and transmit solutions to a variety of predictable and sometimes unpredictable problems

**Application of knowledge and skills** - Graduates at this level will apply knowledge and skills to demonstrate autonomy, judgement and limited responsibility in known or changing contexts and within established parameters.

# Course Overview

## Course Outline

This qualification reflects the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for clients in one or more sector areas.

Workers may be in residential facilities and/or in community agencies and day centres, completing specialised tasks and functions in relation to leisure and health.

While workers are responsible for their own outputs, work is carried out under direct or indirect supervision within defined organisation guidelines.

## Course Outline

To obtain a successful completion a total of **17 units** need to be completed.

- ✓ Ten (10) core units and Seven (7) elective units.

In addition to the completion of the units a minimum of 120 hours vocational placement is required to be completed within the workplace. If you are already employed and working in the role, evidence of employment along with a supervisor sign off will support the assessment process.

The average completion for this qualification is 12 - 18 months.

## Are there any entry requirements?

There are no formal entry requirements applicable to this qualification.

Due to the level of this course, Aspire to Succeed recommends learners hold Certificate III in Aged Care/Disability or Certificate III in Individual Support or have the required industry experience in the sector prior to enrolling into the course.

Employment status does not matter, nor is there a minimum education requirement, but students must meet the standard entry requirements for their chosen qualification. It is preferred that a learner enrolling into a Certificate IV level have experience within the sector

## Units

The following units are delivered for this course.

### Core Units

CHCOM002	Work Use communication to build relationships
CHCDIV001	Work with diverse people
CHCLAH001	Work effectively in the leisure and health industries
CHCLAH002	Contribute to leisure and health programming
CHCLAH003	Participate in the planning, implementation and monitoring of individual leisure and health programs
CHCLAH004	Participate in planning leisure and health programs for clients with complex needs
CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming
CHCPRP003	Reflect on and improve on own personal practice
HLTAAP002	Confirm physical health status
HLTWHS002	Follow safe work practices for direct client care

### Electives

CHCAGE001	Facilitate the empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCCCS023	Support independence and well being
CHCCCS025	Support relationships with carers and families
CHCDIS002	Follow established person-centred behaviour supports
CHCDIS007	Facilitate the empowerment of people with disability
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety

# Enrolment

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## What about existing skills?

All learners are provided with an RPL (Recognised Prior Learning) opportunity upon commencement. We will work with you to determine if there are current skills that you can use for RPL (Recognised Prior Learning).

If you have completed training previously, this may be able to be used to credit towards some of your units. We will help you with this.

## When can you Enrol?

Aspire to Succeed accept on-going enrolments into this course.

Classes held in Caboolture have a maximum of 12 participants.

## Our Trainers

Our trainers are qualified educators who draw on years of experience in the community industry and have up to date knowledge of Current industry practice.

Passionate about the industry, our engaging and approachable trainers have backgrounds relevant to the qualification and are still actively working within the Industry to ensure they maintain their skills and knowledge.

## Is there access to the Trainers?

All Learners have access to their trainer via email and mobile phone for ease of contact outside of scheduled classroom training. You will receive your trainer details via mail after you have enrolled.

## Resources each learner receives

All learners are provided with the resources to complete their course. The resources you that will be provided are listed below:

- ✓ Learner Resources – You receive these in hard copy – they are yours to keep.
- ✓ Visuals – You are provided to access all visual materials relevant to your course via weblinks.
- ✓ Handouts – Any additional handouts are provided as required to support your training.
- ✓ Assessment – All assessment materials are provided to you.

There are no additional fees for the resources.

## Assessment

Each unit includes a competency-based assessment – both knowledge and application. Assessment work will be required to be completed in class, in your own time, and as part of your work placement.

Assessments may include:

- ✓ Written assessments – questions, assignments, projects or reports
- ✓ Class activities - discussions and group work
- ✓ Verbal presentations
- ✓ Practical activities and problem solving
- ✓ Workplace activities as part of your placement

There are no exams, and you will receive individual feedback and comments on your work.

Individual assistance is available to students having difficulty with an assessment and resubmission opportunities may be negotiated if an initial submission is not marked as competent.

# Course Delivery

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## Length of the course

Your enrolment is for a 12-month period. Additional time is to be discussed with your trainer / director.

This course is full-time, and includes:

- ✓ 120 classroom hours (20 days)
- ✓ Minimum 120 workplace / vocational placement hours

## Venue

Set training schedules are run from our Caboolture office. Face to Face classes are run as per the schedule, with attendance recommended.

## Caboolture

135 King Street CABOOLTURE QLD 4510

- ✓ Free tea, coffee and water
- ✓ Bring your own lunch, or visit local shops nearby
- ✓ Ten minutes' walk from Caboolture Station
- ✓ Free parking on-site

This course is also offered in a self-directed model for learners already working in the Community Services Industry.

## Attendance

Due to the intensive nature of this course, attendance at all sessions is recommended. Every class day will include delivery of the unit, classroom discussions and activities, some assessment.

If a class is missed, students will be responsible for arranging to cover what was missed in their own time.

## Work Placements

Placements can be completed at a wide range of community services organisations to suit your career interests.

You will be required to work a minimum of 120 vocational placement hours which is approximately 15 x eight hour shifts or the equivalent. Vocational placement is unpaid.

If you are already working in the sector, you can choose to complete your placement at your existing workplace.

If not, or if you would prefer to broaden your experience, we can assist you to select and secure an appropriate placement.

We have regular providers that we work with for learner's placement. Should you not be able to attend one of those sites, we will request your assistance to locate placement that suits your individual needs.

When on placement you will be required to **start from 6-6.30am in the morning** – this is the same time as all other workers. If you are not able to commence at this time, you will not be able to meet the requirements of this course.

Your placement must be completed within six months of the conclusion of your classes.

## Caboolture 2020 Training Schedule

Although we have all Set start dates – we do take ongoing enrolments into this course. Classes are held on a Saturday or Wednesday, every week.

- Group 1 – Commence 01 February - Saturday
- Group 2 – Commence 05 February - Wednesday
- Group 3 – Commences 08 July – Wednesday
- Group 4 – Commences 11 July - Saturday

You will commence your training at the next scheduled training date and will continue into the new year for units missed. You may elect to do any previous delivered units via distance if preferred.

### Group 1 – Saturday dates

Date	Time	Unit Code	Unit Title
01 February	9am-1pm	CHCLAH001	Work effectively in the leisure and health industries
08 February	9am-1pm	CHCDIV001	Work with diverse people
15 February	9am-1pm	CHCLAH002	Contribute to leisure and health programming
22 February	9am-1pm	HLTWHS002	Follow safety procedures for direct care work
29 February	9am-1pm	CHCLAH003	Participate in planning, implementation and monitoring of individual leisure and health programs
07 March	9am-1pm	HLTWHS002	Follow safety procedures for direct care work
14 March	9am-1pm	CHCLAH004	Participate in planning leisure and health programs for clients with complex needs
21 March	9am-1pm	HLTWHS002	Manual Handling Practical
28 March	9am-1pm	CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming
04 April	9am-1pm	HLTWHS002	Manual Handling Practical
Distance		CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
11 April	<b>PUBLIC HOLIDAY – EASTER SATURDAY</b>		
18 April	9am-1pm	CHCAGE001	Facilitate the empowerment of older people
25 April	<b>PUBLIC HOLIDAY – ANZAC DAY</b>		
02 May	9am-1pm	HLTAAP002	Confirm physical health status
09 May	9am-1pm	CHCAGE005	Provide support to people living with dementia
16 May	9am-1pm	CHCPRP003	Reflect on and improve own personal practice
23 May	9am-1pm	CHCAGE005	Provide support to people living with dementia
30 May	9am-1pm	CHCCOM002	Use communication to build relationships
06 June	9am-1pm	CHCDIS002	Follow established person-centred behaviour supports
13 June	9am-1pm	CHCCOM002	Presentations
20 June	9am-1pm	CHCDIS007	Facilitate the empowerment of people with disability
27 June	9am-1pm	CHCCCS025	Support relationships with carers and families
04 July	9am-1pm	CHCCCS023	Support Independence and wellbeing

## Group 2 – Wednesday dates

Date	Time	Unit Code	Unit Title
05 February	9am-3pm	CHCLAH001	Work effectively in the leisure and health industries
12 February	9am-3pm	CHCDIV001	Work with diverse people
19 February	9am-3pm	CHCLAH002	Contribute to leisure and health programming
26 February	9am-3pm	HLTWHS002	Follow safety procedures for direct care work
04 March	9am-3pm	CHCLAH003	Participate in planning, implementation and monitoring of individual leisure and health programs
11 March	9am-3pm	HLTWHS002	Follow safety procedures for direct care work
18 March	9am-3pm	CHCLAH004	Participate in planning leisure and health programs for clients with complex needs
25 March	9am-3pm	HLTWHS002	Manual Handling Practical
01 April	9am-3pm	CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming
08 April	9am-3pm	HLTWHS002	Manual Handling Practical
15 April	Distance	CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
22 April	9am-3pm	CHCAGE001	Facilitate the empowerment of older people
29 April	9am-3pm	HLTAAP002	Confirm physical health status
06 May	9am-3pm	CHCAGE005	Provide support to people living with dementia
13 May	9am-3pm	CHCPRP003	Reflect on and improve own personal practice
20 May	9am-3pm	CHCAGE005	Provide support to people living with dementia
27 May	9am-3pm	CHCCOM002	Use communication to build relationships
03 June	9am-3pm	CHCDIS002	Follow established person-centred behaviour supports
10 June	9am-3pm	CHCCOM002	Presentations
17 June	9am-3pm	CHCDIS007	Facilitate the empowerment of people with disability
24 June	9am-3pm	CHCCCS025	Support relationships with carers and families
01 July	9am-3pm	CHCCCS023	Support Independence and wellbeing

### Group 3 – Wednesday dates

Date	Time	Unit Code	Unit Title
08 July	9am-3pm	CHCLAH001	Work effectively in the leisure and health industries
15 July	9am-3pm	CHCDIV001	Work with diverse people
22 July	9am-3pm	CHCLAH002	Contribute to leisure and health programming
29 July	9am-3pm	HLTWHS002	Follow safety procedures for direct care work
05 August	9am-3pm	CHCLAH003	Participate in planning, implementation and monitoring of individual leisure and health programs
12 August	<b>PUBLIC HOLIDAY</b>		
19 August	9am-3pm	HLTWHS002	Follow safety procedures for direct care work
26 August	9am-3pm	CHCLAH004	Participate in planning leisure and health programs for clients with complex needs
02 September	9am-3pm	HLTWHS002	Manual Handling Practical
09 September	9am-3pm	CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming
16 September	9am-3pm	HLTWHS002	Manual Handling Practical
23 September	Distance	CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
30 September	9am-3pm	CHCAGE001	Facilitate the empowerment of older people
07 October	9am-3pm	HLTAAP002	Confirm physical health status
14 October	9am-3pm	CHCAGE005	Provide support to people living with dementia
21 October	9am-3pm	CHCPRP003	Reflect on and improve own personal practice
28 October	9am-3pm	CHCAGE005	Provide support to people living with dementia
04 November	9am-3pm	CHCCOM002	Use communication to build relationships
11 November	9am-3pm	CHCDIS002	Follow established person-centred behaviour supports
18 November	9am-3pm	CHCCOM002	Presentations
25 November	9am-3pm	CHCDIS007	Facilitate the empowerment of people with disability
02 December	9am-3pm	CHCCCS025	Support relationships with carers and families
09 December	9am-3pm	CHCCCS023	Support Independence and wellbeing



**Group 4 – Saturday dates**

<b>Date</b>	<b>Time</b>	<b>Unit Code</b>	<b>Unit Title</b>
11 July	9am-1pm	CHCLAH001	Work effectively in the leisure and health industries
18 July	9am-1pm	CHCDIV001	Work with diverse people
25 July	9am-1pm	CHCLAH002	Contribute to leisure and health programming
01 August	9am-1pm	HLTWHS002	Follow safety procedures for direct care work
08 August	9am-1pm	CHCLAH003	Participate in planning, implementation and monitoring of individual leisure and health programs
15 August	9am-1pm	HLTWHS002	Follow safety procedures for direct care work
22 August	9am-1pm	CHCLAH004	Participate in planning leisure and health programs for clients with complex needs
29 August	9am-1pm	HLTWHS002	Manual Handling Practical
05 September	9am-1pm	CHCLAH005	Incorporate lifespan development and sociological concepts into leisure and health programming
12 September	9am-1pm	HLTWHS002	Manual Handling Practical
19 September	Distance	CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
26 September	9am-1pm	CHCAGE001	Facilitate the empowerment of older people
03 October	9am-1pm	HLTAAP002	Confirm physical health status
10 October	9am-1pm	CHCAGE005	Provide support to people living with dementia
17 October	9am-1pm	CHCPRP003	Reflect on and improve own personal practice
24 October	9am-1pm	CHCAGE005	Provide support to people living with dementia
31 October	9am-1pm	CHCCOM002	Use communication to build relationships
07 November	9am-1pm	CHCDIS002	Follow established person-centred behaviour supports
14 November	9am-1pm	CHCCOM002	Presentations
21 November	9am-1pm	CHCDIS007	Facilitate the empowerment of people with disability
28 November	9am-1pm	CHCCCS025	Support relationships with carers and families
05 December	9am-1pm	CHCCCS023	Support Independence and wellbeing

# Fees and Charges

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## What is the Cost?

There are 3 costs dependent on your chosen course delivery:

- ✓ Full Course - \$2800
- ✓ Self-directed Learning - \$1800
- ✓ Full RPL - \$1200

## When do the fees have to be paid?

Full Course (\$2800) Payment Structure:

- ✓ Enrolment - \$500
- ✓ Per month x 8 months - \$287.50

Self-Directed (\$1800) Learning Payment Structure:

- ✓ Enrolment - \$500
- ✓ Per month x 8 months - \$162.50

RPL (\$1200) Payment Structure:

- ✓ Enrolment - \$600
- ✓ Upon Completion - \$600

## Financial Assistance

Aspire to Succeed understands that paying for course fees can be difficult for learners, especially for people on low incomes.

For interested learners who face financial barriers, payment instalments can be made assisting you to afford the course fees.

## Pay by Instalments

All learners have the opportunity to pay the course fees off over the duration of the course. At no time do we wish to disadvantage a learner from completing their studies and therefore, payment plans are available.

A fee of \$500 will be required to be paid upon enrolment. This is refundable should you not commence the course.

## What if I don't finish (refund Policy)

The full refund policy is outlined in the Learner Handbook.

Refunds are payable on a per unit basis.

- ✓ If you have commenced the unit/s and been provided the learning and assessment materials – no refund will be provided for those units.
- ✓ If you have paid for the course in full, but not commenced units – you will be entitled to a refund for any units not commenced.

The enrolment fee is refundable if no training is commenced.

# Aspire to Succeed – RTO 32555

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## About Us

Aspire to Succeed is a Private RTO, based in Caboolture QLD. We have been registered and delivering quality based courses in QLD and WA since 2012.

Our focus and commitment are to ensure all learners have a positive training experience, while enjoying the training experience. We ensure learners are 'Industry Ready', providing a mix of knowledge and application of skills assessments throughout the duration of the courses.

## Our Guarantee

Aspire to Succeed is dedicated and passionate in all areas of its operations. We are committed to making a difference to the learner's life, both works related and professionally through quality and inspirational training methods.

We are committed to improving your workplace skills, assisting you to be able to perform your role and future roles to a high level of competence.

We will endeavour to work with all learners to achieve the end results and ensure a positive and motivational learning experience. No one will be disadvantaged and all learners will be supported unconditionally throughout.

## Benefits

When considering where to study, consider these benefits of Aspire to Succeeds course:

- ✓ Community speciality
- ✓ Specialist focus, equipping you for best practice contemporary
- ✓ Engaging trainers with strong and current industry experience
- ✓ Free work placement support and career advice
- ✓ Up to date, industry relevant resources
- ✓ Personalised assessment feedback with extra help and re-assessments as needed
- ✓ Aspire to Succeed has been found compliant at all Audits undertaken – both State and National levels

## Lost certificates or Statements of Attainment

Should you misplace your certificate or statement of attainment at any time, we can reissue you with a new copy. There is no fee to re-issue a Certificate or Statement of Attainment. A written request will be required to re-issue the Certificate or Statement of Attainment.

## Code of Practice

In general, Training Providers provide a value-for-money range of quality training products and services to their clients.

However, in a business environment which is ever increasingly competitive, it is important for training providers to align to best-practice and be able to demonstrate that they provide the client with top quality and cost-effective training products and services.

At Aspire to Succeed we pride ourselves in offering a quality service, at a competitive price. Should you not be happy or satisfied with the service provided, we would like your feedback through our feedback forms, complaints or appeals process. This is outlined in greater detail in your student handbook.

## Contact Us

For further information or an enrolment pack, you can contact us through any of the following methods:

- ✓ [admin@aspiretosucceed.com.au](mailto:admin@aspiretosucceed.com.au)
- ✓ [www.aspiretosucceed.com.au](http://www.aspiretosucceed.com.au)
- ✓ 07 5497 4009
- ✓ 135 King Street Caboolture QLD 4510